



## **Educational Guidelines for Registered Teachers**

(ALL RT designated members **MUST SIGN** this form and return to the **CRA**.  
Be sure to make a copy of the signed form for your reference.)

**The following guidelines must be signed and adhered to by all CRA Registered Teachers as “minimal” standards in conducting live Reiki classes. Other symbols, tools, and information above and beyond the outlined requirements are acceptable and encouraged providing they are directly related to Reiki and the basic outlined criteria is taught in your classes. You must provide professional manuals for your students and any additional material you hand out in class must not infringe on copyright issues.**

### **Reiki Level One or First Degree Class**

- Class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such a reading and further practice.
- Review the history of Reiki.
- Discuss each of the 5 Reiki Principles/Precepts and emphasize how important it is for students to integrate these into their life on a daily basis.
- Give each student the Level One initiation/s.
- Teach the Reiki self-session and have students practice the full self-healing session in class.
- Teach the standard hand positions for doing a one-on-one Reiki session using a Reiki table. Before your class ends, each student must have given a full (one hour) Reiki session to another person or another student on a Reiki table.
- Demonstrate how to do a Reiki chair session.
- Provide a professional quality Reiki Level I manual for each student.
- Provide a Reiki Level I certificate at the end of the class to each student. Your RT Membership # must be on the certificate.
- Explain that the level I student is eligible to apply for membership with the CRA as a Student Member and explain the six (6) month practicum requirements for a CRA Student Member to upgrade their membership level to Registered Practitioner.
- Provide your students with all of the necessary membership paperwork such as Application form, Code of Ethics form, Disciplinary Action Policy form, CEU form Practicum form etc.
- Give each student the CRA Level I Teacher Evaluation form and explain they will fill out the form at home in privacy and mail it to the CRA The CRA will then mail them a \$5.00 credit that may be used towards the cost of membership or to purchase some of the items on the Web store.

### **Reiki Level Two or Second Degree**

- Class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such a reading and further practice.
- Give each student the Level Two initiation/s.
- Discuss the theoretical and practical use of the three traditional Reiki 2<sup>nd</sup> Degree symbols CKR, SHK, HSZSN and allow time in class for your students to practice the symbols.
- Explain how to integrate the Level II symbols into a Reiki session.
- Demonstrate how to use SHK for mental/emotional healing and how to assist a client in releasing unwanted habits.
- Teach various methods of distant healing and allow time in your class for your students to practice these various methods.
- Provide a professional quality Reiki Level II manual for each student.
- Provide a Reiki Level II certificate at the end of the class to each student. Your RT Membership # must be on the certificate.
- Advise students on what criteria is necessary to join the CRA and/or upgrade their membership level. If a student is new to you, provide them with the necessary membership paperwork such as Application form, Code of Ethics form, Disciplinary Action Policy form, CEU form Practicum form etc.
- Give each student the C.R.A. Level II Teacher Evaluation form and explain they will fill out the form at home in privacy and mail it to the C.R.A. The C.R.A. will then mail them a \$5.00 credit that may be used towards the cost of membership or to purchase some of the items on the web store.

## Reiki Level Three

*Please note: these Level Three Guidelines are for teachers who teach 4 levels of Reiki. If you only teach three Levels of Reiki then please go directly to the guidelines for Master/Teacher and bypass these guidelines as they do not apply to you.*

- Class must be a minimum of 8 hours long. One hour of the 8 hours may be assigned homework such a reading and further practice.
- Give each student the Level Three initiation/s.
- Discuss the theoretical and practical use of the traditional Reiki 3<sup>rd</sup> Degree (Master) symbol DKM and allow time in class for your students to practice the symbol.
- Review Level I and II class material. Ask students if there are any questions.
- Additional techniques such as Aura Clearing, the Reiki Moving Meditation and setting up a Reiki Crystal Grid may be taught "if" the teacher is familiar with these techniques.
- Provide a professional quality Reiki Level III manual for each student.
- Provide a Reiki Level III certificate at the end of the class to each student. Your RT Membership # must be on the certificate.
- Advise students on what criteria is necessary to join the CRA and/or upgrade their membership level. If a student is new to you, provide them with the necessary membership paperwork such as Application form, Code of Ethics form, Disciplinary Action Policy form, CEU form Practicum form etc.
- Give each student the CRA Level III Teacher Evaluation form and explain they will fill out the form at home in privacy and mail it to the CRA The CRA will then mail them a \$5.00 credit that may be used towards the cost of membership or to purchase some of the items on the web store.

## Master (Teacher) Level

- Class must be a minimum of 12 hours long. One hour of the 12 hours may be assigned homework such a reading and further practice. It is recommended to teach this class over 2 days.
- Completely review all previous levels of Reiki and answer any questions to bring clarity to students before proceeding any further in class.
- Give each student the Master Level initiation/s.
- Discuss the theoretical and practical use of the traditional Reiki Master symbol DKM along with any other symbols you may teach at this level and allow time in class for your students to practice the symbol/s.
- Teach students how to perform attunements for all levels of Reiki and include plenty of actual hands on practice in class where each student practices doing these attunements with you or with another student.
- Allow time in class to share information on conducting Reiki classes, creating business tools appropriate for teaching Reiki, and business marketing ideas.
- Provide a Reiki Master certificate at the end of the class to each student. Your RT Membership # must be on the certificate. Provide a Reiki Master manual outlining in detail the attunement process for each level.
- Advise students on what criteria is necessary to join the CRA and/or upgrade their membership level. If a student is new to you, provide them with the necessary membership paperwork such as Application form, Code of Ethics form, Disciplinary Action Policy form, CEU form Practicum form, Educational Guidelines etc.
- Give each student the CRA Master Level Teacher Evaluation form and explain they will fill out the form at home in privacy and mail it to the CRA The CRA will then mail them a \$5.00 credit that may be used towards the cost of membership or to purchase some of the items on the web store.

## Additional Comments

CRA Teachers are encouraged to host at least one student practice night or host a Reiki Circle or a Reiki Exchange once a month for the purpose of issuing CEU's to students

CRA Teachers must visibly display their CRA designation and their CRA Membership number on each certificate they issue to their students. Example, RT 00-054 will be displayed beside the Teacher's name.

Please sign this form after you have read it thoroughly. Be sure to make a copy of the form for future reference before mailing it to the CRA

Name: \_\_\_\_\_ Member No. \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Revised: June 2009